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POST CROWN PREPARATION INSTRUCTIONS

1. Do not eat on the side that the crown/bridge was done until the anesthetic has worn off to prevent accidental cheek or tongue biting.
2. The gums around the tooth that was prepared for the crown or bridge will often be tender and sore for a day or two after your appointment. Brush it gently and rinse with warm salt water if desired to soothe the area.
3. Brush carefully but thoroughly around the temporary crown. To floss around the temporary, place the floss through the contact but pull the floss out to the side instead of back through the contact to avoid dislodging the crown. Flossing is not necessary around the temporary.
4. After the final crown is cemented, avoid using it for the first 3 hours to allow the cement to completely set. If the tooth becomes sensitive or tender to biting on it, return to our office as the crown may need to be adjusted to even the bite.
5. Please call us at **(714) 846-1414** if you have any questions or concerns. You can also email to office@seabreezedental.com.