



DR. BRETT BRAZEAL, D.D.S.
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FILLINGS INSTRUCTIONS

1. Do not eat on the side that the filling(s) was done until the anesthetic has worn off to prevent accidental cheek or tongue biting.
2. It is common for fillings to be sensitive to hot/cold or biting for a few days after being placed. If the sensitivity becomes a lingering ache or is still present more than a week after the filling was placed, please call our office as the filling may need to be adjusted as the bite may be high.
3. Brush and floss normally around the filling. A new filling will feel different to your tongue but will feel more normal over time.
4. Please call us at **(714) 846-1414** if you have any questions or concerns. You can also email to office@seabreezedental.com.