



DR. BRETT BRAZEAL, D.D.S.
5948 Warner Ave., Huntington Beach, CA 92649

INVISALIGN/CLEARCORRECT INSTRUCTIONS

1. Aligners must be worn 20-22 hours per day to effectively and predictably align the teeth
2. Only remove the aligners to eat, drink something other than water, and brush and floss.
3. The aligners can be cleaned by gently brushing and rinsing with water.
4. Always keep the previous set of aligners as a backup in case an aligner is lost.
5. If you lose or misplace an aligner, call us for instructions on how to proceed.
6. It is common to be sore for the first few days after switching aligners. If necessary, you can take ibuprofen (Advil) or Tylenol.
7. Please call us at **(714) 846-1414** if you have any questions or concerns. You can also email to office@seabreezedental.com.